

## CURRICULUM VITAE

**Name** Laurence M. Westreich

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New York, N.Y., 10024 33 Plymouth Street # 104  
Montclair, N.J. 07042

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**Place of Birth** Minneapolis, MN

**Education** 1988 M.D. University of Minnesota  
1983 B.A. Northwestern University

### Postdoctoral Training

#### Internships and Residencies

7/89 - 6/92 Psychiatry Residency, Beth Israel Medical Center, New York, NY  
7/88 - 6/89 Internal Medicine Internship, Hennepin County Medical Center, Minneapolis, MN

#### Clinical and Research Fellowships

7/92 - 6/94 Substance Abuse Fellowship,  
New York University Medical Center/ Bellevue Hospital

### Licensure and Certification

9/20 – present Medicine and Surgery, Minnesota, License #36761  
4/14 -present Subspecialty Certification in Forensic Psychiatry, American Board of  
Psychiatry and Neurology, Certificate #1291  
4/99-12/09 Subspecialty Certification in Forensic Psychiatry, American Board of  
Psychiatry and Neurology, Certificate #1291  
9/97-present Medicine and Surgery, New Jersey, License #66424  
12/94 - present Subspecialty Certification in Addiction Psychiatry, American  
Board of Psychiatry and Neurology, Certificate #764  
11/93-present Board Certification in Psychiatry, American Board of  
Psychiatry and Neurology, Certificate #38526  
1/91-present Medicine and Surgery, New York, License #184592  
6/89-present Diplomate, National Board of Medical Examiners, Parts I, II and III, Certificate #357715

### Academic Appointments

1998-present Clinical Associate Professor, New York University School of Medicine, New York, NY  
1992-98 Faculty Member, New York University School of Medicine, New York, NY

### Hospital Appointments

4/98-12/08 Consulting Staff, Mountainside Hospital, Montclair, N.J.  
1/93-3/07 Assistant Attending, Beth Israel Medical Center  
7/92- 8/07 Clinical Assistant, Bellevue Hospital Center

### Other Professional Positions

4/05 – present Member, Therapeutic Use Exemption Committee, United States Anti-Doping Agency  
(USADA)  
4/03-present Consultant on Behavioral Health and Addiction, Major League Baseball

9/95-6/98	Director, Dual Diagnosis Inpatient Unit, Bellevue Hospital, N.Y.
1/95-6/98	Associate Director of Training, Division of Alcoholism and Drug Abuse, New York University Medical School
7/93 - 8/95	Director, Alcohol Inpatient Unit, Bellevue Hospital, N.Y.
7/92-present	Private Practice

**Professional Societies**

American Academy of Addiction Psychiatry  
 American Society of Addiction Medicine  
 American Academy of Psychiatry and the Law  
 New York University/Bellevue Psychiatric Society

**Committee Assignments**

12/13 – 12/15	President, American Academy of Addiction Psychiatry
12/01 – 12/11	Chairperson, Membership Steering Group, American Academy of Addiction Psychiatry
9/00 – 9/01	Liaison, from American Academy of Addiction Psychiatry to the American Psychiatric Association’s Assembly of Allied Organizations
1/00 – 3/03	Addiction Committee, American Academy of Psychiatry and the Law
9/94-12/01	Chairperson, Undergraduate Medical Education Subcommittee, American Academy of Addiction Psychiatry
9/93-6/98	Deputy Chairperson, Medical Education Subcommittee of the New York State Addiction Treatment Center (funded by the Center for Substance Abuse Treatment)

**Major Research Interests**

1. Medico-Legal Aspects of Addiction Psychiatry
2. Outcome Studies of Addiction and Dual Diagnosis
3. Therapeutic Alliance and Dual Diagnosis
4. Biological Treatments for Addiction
5. Trends in Opioid Use

**Teaching Experience**

1994-present	Lectured on treatment of addicted and dually diagnosed patients for Medical Students, Psychiatry Residents, and Addiction Psychiatry fellows, New York University School of Medicine
1994-present	Supervising Psychiatrist for Psychiatry Residents and Fellows in Addiction Psychiatry, New York University School of Medicine
1992-1993	Lectured on AIDS related dementia for Medical Students, New York University School of Medicine
1991-1992	Taught course in addiction for Junior Residents, Beth Israel Medical Center

**Miscellaneous**

2019	Founders Award, American Academy of Addiction Psychiatry
2017	Fellow, American Society of Addiction Medicine
2012	Fellow, American Psychiatric Association
2003	Teacher of the Year Award, Division of Alcoholism and Drug Abuse, New York University School of Medicine
1998	New Investigator/Educator Award, Association for Medical Education and Research in Substance Abuse (AMERSA)
1996	Guest Editor, Primary Psychiatry, Volume 3, #9
1995	Guest Editor, Primary Psychiatry, Volume 2, #7
7/91- 6/92	Chief Psychiatric Resident, Beth Israel Medical Center, New York, NY

**Publications**

Hazle MC, Hill KP, Westreich LM (2020) Workplace cannabis policies: a moving target, Cannabis and Cannabinoid Research X:X, 1–8, DOI: 10.1089/can.2020.0095.

Westreich, L: Addiction and the Americans with Disabilities Act (ADA). J Am Acad Psychiatry Law. 2002;30(3)

- Taubes T, Galanter M, Dermatis H, Westreich L: Crack Cocaine and Schizophrenia as Risk Factors for PPD Reactivity in the Dually Diagnosed. *Journal of Addictive Disorders*. 1999;17(3)
- Leal D, Galanter M, Dermatis H, Westreich L: Correlates of protracted homelessness in a sample of dually diagnosed psychiatric inpatients. *Journal of Substance Abuse Treatment*. 1999;16:143-147
- Dermatis H, Galanter M, Egelko S, Westreich L: Schizophrenic patients and cocaine use: antecedents to hospitalization and course of treatment. *Substance Abuse* 1998;19:169-179
- Krakow DS, Galanter M, Dermatis H, Westreich LM: HIV Risk Factors in Dually Diagnosed Patients. *The American Journal on Addictions* 1998;7:74-80
- Westreich L, Galanter M, Baird D, Guedj P: Differences Between Men and Women in Dual Diagnosis Treatment. *The American Journal on Addictions* 1997; 6:311-317
- Westreich L, Heitner C, Gitlin C, Galanter M: Perceived Social Support and Treatment Retention on an Inpatient Addiction Treatment Unit. *The American Journal on Addictions* 1997; 6:144-149
- Westreich L, Galanter M: Training Psychiatric Residents in Addiction. *Substance Abuse* 1997; 18:13-25
- Westreich L, Galanter M, Lifshutz H, Metzger E, Silberstein C: A Modified Therapeutic Community for Dually Diagnosed Patients. *Journal of Substance Abuse Treatment* 1996; 13:533-536
- Castañeda R, Levy R, Westreich L, Sussman N: Drug craving and other negative reactions after abrupt substitution of nefazadone for other serotonergic agents.(Letter) *J Clin Psychiatry* 1996; 57:585-486
- Castañeda R, Sussman N, Westreich L, Levy R, O'Malley M: A review of moderate alcohol intake on the treatment of anxiety and mood disorders. *J Clin Psychiatry* 1996; 57:207-212
- Westreich L, Rosenthal R, Muran J.C.: A Preliminary Study of Therapeutic Alliance and Dually Diagnosed Inpatients. *American Journal on Addictions* 1996; 5:81-86
- Castañeda R, Lifshutz H, Westreich L, Galanter M: Concurrent Cocaine Withdrawal is Associated With Reduced Severity of Alcohol Withdrawal. *Comprehensive Psychiatry* 1995; 36(6):441-447
- Westreich L, Levine S, Ginsburg P, Wilets I: Patient Knowledge About Electroconvulsive Therapy: Effect of an Informational Video. *Convulsive Therapy* 1995(11):32-37
- Westreich L, Rosenthal R: Physical Examination of Substance Abusers. *Postgrad Medicine* 1995; 97(4):111-123
- Westreich L, Bialer P: Delirium and Acute Psychosis. *Postgrad Medicine* 1992; 92(5):319-332
- Westreich L: Assessing an Adult Patient's Suicide Risk. *Postgrad Medicine* 1991; 90(4):59-62

## Books

*Addiction and the Law*, American Psychiatric Association Publishing, 2024

*A Parent's Guide to Teen Addiction*, Skyhorse Publishing, October 2017

*Helping the Addict You Love, The New Effective Program for Getting the Addict Into Treatment*, Simon & Schuster, April 2007

## Book Chapters

Westreich L: Addiction in the Workplace, In *Clinical Textbook of Addictive Disorders*, 4<sup>th</sup> Ed. Eds. Mack AH, Brady KT, Miller SI, Frances RJ. The Guilford Press. New York, 2016

Westreich, L: Anabolic Androgenic Steroids, In *Substance Abuse, A Comprehensive Textbook*, 3<sup>rd</sup> Ed. Eds. Lowinson J, Ruiz P, Langrod J., Williams and Wilkins, 2011

Westreich L, Leventhal E: Intervention With the Addicted Person,, in *Psychotherapy for the Treatment of Substance Abuse*, eds. Galanter M., Kleber H. American Psychiatric Press, Inc. Arlington, VA, 2011

Rosenthal RN, Westreich L. Cosmetic psychopharmacology: drugs that enhance wellbeing, performance, and creativity, in *Clinical Addiction Psychiatry*, eds Brizer D, Castaneda R. Cambridge University Press. Cambridge, 2010

Westreich L. Abstinence as a goal, in *Clinical Addiction Psychiatry*, eds Brizer D, Castaneda R. Cambridge University Press. Cambridge, 2010

Rosenthal RN, Westreich LM: Treatment of persons with dual diagnoses of substance use disorder and other psychological problems, in *Addictions, A Comprehensive Textbook*, eds. McCrady BS, Epstein EE. Oxford University Press, New York, 1999

Castaneda R, Sussman N, Levy R, O'Malley M, Westreich L: A review of the effects of moderate alcohol intake on psychiatric and sleep disorders, in *Recent Developments in Alcoholism, Volume 14*, ed. Galanter M. Plenum Press, New York, 1998.

## **Other Publications**

Westreich L: *Addiction Psychiatry: Laws, Guidelines, and Suggestions*. *Psychiatric Times*. 2016 Vol. XXXII No. 6

Westreich L.M, Finklestein, D: New medications for the treatment of substance use disorders. *Primary Psychiatry*. 2008;15(12):73-80

Westreich L: *Journal of Addictive Diseases* 2007(26):4.90-91 (Book Review)

Westreich L: *Alcohol and Mental Illness*. *Primary Psychiatry* 2005(12)53-57

Westreich L: *Turning Addiction Emergencies Into Catalysts for Change*. *Current Psychiatry* 2002(12):51-57

Westreich L: *Getting the Addicted Person Into Treatment: What Families Can Do*. *Primary Psychiatry* 1999(6):32-33

Westreich L: "Balliere's Clinical Psychiatry, Drugs of Abuse." *Addiction* 1997(92):1374-1375 (Book review)

Westreich L: *The New Heroin Addict*. *Primary Psychiatry* 1996(9):53-59

Westreich L: *Medications Commonly Used in the Treatment of Chronic Substance Abuse*. *Primary Psychiatry* 1995(7):60-63

Westreich L: *Avoiding the Charge of Negligent Release (letter)*. *Am J Psychiatry* 1991;148:691

Westreich L: *Doctors and Language: How We Confuse Our Patients*. *JAMA* 1991; 265(1):117

Westreich L: *AIDS Dementia Complex for the Primary Care Physician*. *Resident and Staff Physician* 1990; 36(6):47-53

Westreich L: *Modern Medical Training Confronts Guatemalan Poverty*. *Minnesota Medicine* 1990; 73:19-22

## **Presentations**

Performance Enhancing Drugs in Elite Sport  
American Academy of Addiction Psychiatry  
Naples, FL  
Nov. 16<sup>th</sup>, 2024

Employment Law and Addiction  
American Psychiatric Association  
New York, NY  
May 7<sup>th</sup>, 2024

Keynote Address: Employee Assistance Professionals in Major League Baseball  
EAPA Annual Institute and Expo  
Portland, Oregon  
October 20<sup>th</sup>, 2023

Founders Award Lecture  
American Academy of Addiction Psychiatry  
San Diego, CA  
Dec. 6<sup>th</sup>, 2019

Cannabinoids in Sports  
American Medical Society for Sports Medicine  
Houston, TX  
April 13<sup>th</sup>, 2019

Drugs in Sport  
Baylor University School of Medicine  
Houston, TX  
April 10<sup>th</sup>, 2019

Medication Assisted Treatment, the Law, and Ethics  
National Association of Drug Court Professionals  
Houston, TX  
May 30<sup>th</sup>, 2018

Drug Testing in the Forensic Sphere  
American Academy of Addiction Psychiatry  
San Diego, CA  
December 10<sup>th</sup>, 2017

Drugs in Sport  
Department of Psychiatry, Rutgers University School of Medicine  
Newark, NJ  
November 17<sup>th</sup>, 2017

International Perspectives on Cannabis Decriminalization  
International Society of Addiction Medicine  
Abu Dhabi, UAE  
October 19<sup>th</sup>, 2017

Cannabis in the Workplace  
American Psychiatric Association  
San Diego, CA  
May 24<sup>th</sup>, 2017

Occupational Drug Testing  
International Society of Addiction Medicine  
Montreal, QC  
October 20<sup>th</sup>, 2016

Malpractice in Addiction Psychiatry  
American Psychiatric Association  
Atlanta, GA  
May 16<sup>th</sup>, 2016

Medication Assisted Treatment in Drug Courts  
National Judicial College  
Reno, NV  
March 7<sup>th</sup>, 2016

Barriers to Medication Assisted Treatment (MAT) in Addiction

Institute for Psychiatric Services, APA  
New York, NY  
October 10<sup>th</sup>, 2015

The Long and Winding Road: PEDs and Drugs of Abuse in Professional Sports  
The Harvard Club  
New York, NY  
October 3<sup>rd</sup>, 2015

Medication Assisted Treatment  
National Association of Drug Court Providers (NADCP)  
Washington, DC  
July 27<sup>th</sup>, 2015

Drugs in Sport  
Cornell University School of Medicine  
New York, N.Y.  
October 23<sup>rd</sup>, 2013

Intervention in 2012  
Keynote Address, NCADD Conference  
Baltimore, MD  
April 17<sup>th</sup>, 2012

Office Alcohol Detoxification  
Columbia University Faculty House  
New York, N.Y.  
June 9<sup>th</sup>, 2010

Anabolic Androgenic Steroids  
American Academy of Addiction Psychiatry  
Los Angeles, CA  
December 5<sup>th</sup>, 2009

Steroid Use in American Sports  
The American Society of Addiction Medicine  
Toronto, CA  
April 11<sup>th</sup>, 2008

Talking to the Addict's Loved Ones  
The Addiction Institute  
St. Luke's/Roosevelt Hospital  
New York, N.Y.  
February 28<sup>th</sup>, 2007

Performance Enhancing Substances in Major League Baseball  
American Academy of Addiction Psychiatry  
St. Pete's Beach, FL  
December 8<sup>th</sup>, 2006

Addiction and Mood Disorders  
Depression and Bipolar Support Alliance  
Morristown, N.J.  
September 28<sup>th</sup>, 2006

Drugs in Sport  
The Addiction Institute  
St. Luke's/Roosevelt Hospital  
New York, N.Y.  
May 17<sup>th</sup>, 2005

Criminals and Professional Athletes: Drugs and the Law

Silver Hill Hospital  
New Canaan, CT  
February 5<sup>th</sup>, 2004

Forensic Issues in Addiction Psychiatry  
Beth Israel Medical Center  
New York, N.Y.  
April 3<sup>rd</sup>, 2003

Using Anti-Addiction Medication in Office Practice  
New York University Psychopharmacology Annual review  
March 1<sup>st</sup>, 2003

Addiction in the Workplace  
Academy of Organizational and Occupational Psychiatry  
San Diego, CA  
January 20<sup>th</sup>, 2002

Addiction in the Workplace: Legal Challenges and Opportunities  
American Academy of Addiction Psychiatry  
Amelia Island, Florida  
December 16<sup>th</sup>, 2001

Addiction and the Americans with Disabilities Act (ADA)  
American Academy of Addiction Psychiatry  
Phoenix, Arizona  
December 8<sup>th</sup>, 2000

New Methods in Addiction Treatment  
Jersey City Medical Center  
Jersey City, New Jersey  
October 24<sup>th</sup>, 2000

Heroin in the New Millennium  
Martha's Vineyard Hospital  
Vineyard Haven, Massachusetts  
June 16<sup>th</sup>, 2000

Controversies in Treatment of the Dually Diagnosed Patient  
University of Medicine and Dentistry  
Newark, New Jersey  
May 12<sup>th</sup>, 2000

Epidemiology of the Substance Use Disorders  
American Academy of Addiction Psychiatry Review Course  
Albuquerque, New Mexico  
January 23<sup>rd</sup>, 2000

Civil Commitment of the Non-Dangerous Addicted Person (Poster)  
American Academy of Addiction Psychiatry  
Nassau, Bahamas  
December 4<sup>th</sup>, 1999

Treatment of the Impaired Professional  
Lenox Hill Hospital  
New York, N.Y.  
June 25<sup>th</sup>, 1999

New Treatments for Heroin Dependence  
American Psychiatric Association Annual Meeting  
Toronto, Canada  
June 4<sup>th</sup>, 1998

Trends in Dual Diagnosis Treatment  
Manhattan Psychiatric Center  
N.Y., N.Y.  
March 6<sup>th</sup>, 1998

Psychopharmacologic Treatment of Addiction  
Psychopharmacology Update 1997  
Baylor College of Medicine  
Houston, TX  
November 2<sup>nd</sup>, 1997

The New Heroin Epidemic  
American Psychiatric Association Annual Meeting  
San Diego, CA  
May 20<sup>th</sup>, 1997

Treatment of the Dually Diagnosed Prisoner  
Department of Justice, Corrections Program Office Conference  
New Orleans, LA  
April 24<sup>th</sup>, 1997

Outpatient Treatment of Alcoholism  
White Plains Service Center/Rockland Psychiatric Center  
White Plains, NY  
March 20<sup>th</sup>, 1997

Biological Approaches to the Treatment of Addiction  
Foundation for the Advanced Education in the Sciences  
Bethesda, MD  
November 16<sup>th</sup>, 1996

Differences between Men and Women in Dual Diagnosis Treatment  
New York State Office of Mental Health Research Conference  
Albany, NY  
December 4<sup>th</sup>, 1995

Sub-Syndromal Depression in a Population of Hospitalized Addicts (Poster)  
AMERSA Conference  
Washington D.C.  
November 10<sup>th</sup>, 1995

Dual Diagnosis Treatment: An Overview  
Metropolitan Hospital Dept. of Psychiatry  
New York, N.Y.  
June 9<sup>th</sup>, 1995

A Modified Therapeutic Community for the Dually Diagnosed  
American Psychiatric Association  
Miami, FL  
May 22<sup>nd</sup>, 1995

Ethical Issues in Addiction Treatment  
Westchester Psychological Association  
Pace University  
Pleasantville, NY  
May 13<sup>th</sup>, 1995

Patterns of Discharge from a Voluntary Inpatient Addiction Treatment Program (Poster)  
American Academy of Psychiatrists in Alcoholism and Addictions  
San Diego, CA  
December 2<sup>nd</sup>, 1994

Chemical Dependency and Mental Illness: A Family Systems Approach (Teleconference)  
New York State Office of Mental Health  
September 22<sup>nd</sup>, 1994

Pharmacologic Treatment of Addiction  
International Perspectives on Crime, Drugs, and Public Order  
City University of New York  
June 16<sup>th</sup>, 1994

Inpatient Considerations in the Treatment of Alcoholism  
New York State Department of Social Services Substance Abuse Symposium  
Albany, NY  
April 9<sup>th</sup>, 1994

Effect of an Informational Video about ECT (Poster)  
American Psychiatric Association  
San Francisco, CA  
May 24<sup>th</sup>, 1993

Therapeutic Alliance and the Non-Traditional Psychotherapy Patient  
Beth Israel Medical Center Department of Psychiatry Grand Rounds  
June 18<sup>th</sup>, 1992

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